

Title: *Heart Break*
~~Emotional Breakdown~~

Text: Matthew 5:4

Take your Bibles, please, and turn to Matthew chapter 5. Matthew chapter 5 verse 4.....(Read)

Let's look to the Lord in a moment of prayer

Father, we thank you that we can open your Word, ^{to myself} today, and know that we have the Word of God that is quick and powerful. We thank you that your Word will not return void; but will accomplish the things for which you have sent it. We thank you that all truth is contained here in this book and we have no need of fear. For we know that you have not given us the spirit of fear but of power and love and a sound mind. We pray, Father, that you would show us in this area of our emotions what your word teaches. That we might know this condition of being "blessed." That we might know that our dependence is on thee and not on our circumstances. And we ask this in Jesus name.....Amen.....

In our study of these beatitudes please notice an interesting fact which should help your understanding. Notice, that in Vs 3 we have the promise: "THERE'S IS THE KINGDOM OF HEAVEN," This is also stated down in Vs 10. So, in the case of the first and the eighth beatitude there is a statement of fact in terms of the promise that "theirs" or "of them" is the kingdom of heaven." *It is a statement of fact*

But All of the other beatitudes are in the future tense. "They shall be comforted."..."They shall be satisfied"..."They shall be called sons of God"..."They are ^{all} in the future tense.

Now, this doesn't mean that they are something that is far out in the future and I cannot experience them right now. Oh, no...It doesn't meant that. It simple emphases the fact that I cannot experience this untless I meet the issue of practice. I will never be comforted untless I mourn. And he who mourns is already blessed because that is the position of his life as a believer.

(soft)

I ~~suppose~~ ^{know} the world really teaches us in many, many ways that to cry is a sign of weakness. When somebody cries and sheds a lot of tears we say that either they are very emotional or that they are quite weak and can't take it. Our Lord Jesus constantly taught us things that are contrary to what the world says. And this is certainly no exception.

^{Thought}

^{Heart Break}

Today we are dealing with the subject of "~~EMOTIONAL BREAKDOWN~~."

And the point is this: The condition of being blessed in Christ demands ^{that} ~~emotional breakdown~~.....
^{our heart be broken}

There are times in everybody's life, because of pressures and suffering and trials, or because of things people say about you, or because of the death of a loved one, there are times in which one ~~feels that~~ must cry/....

Sometimes tears can be of the wrong kind. And they can flow out of a life that is simply not steady and stable. But a life that has no compassy to mourn and to cry is a life, very frankly, that is barren.

It does not truly know what Christ can mean to that life.

^{Literally, The Verse says}

Blessed are the crying ones for they shall be comforted.

The word "mourn" is a participle and it is referring to "the mourning ones. Ones, who by way of habit of life, believe it or not, are the ones who are crying.

^{stories}

AS I look at the ~~history~~ ^{stories} of the Bible and view the people who cried, I realize that most of God's greatest saints were often found in tears. I never read that Jesus laughed. Yet, I suppose he did so on many occasions. But, I do read, often, that Jesus cried. That he shed tears.

I read often in God's Word that God desires and wants people to mourn and to cry and to have sorrow.

^{Now} This seems very strange since we have been programmed to believe that this is bad and not good.

Let me remind you of the correct meaning of the word "Blessed"
 This word means more than just "happy"! The Greek Word (MAKARIA) means
 a deep, yet jubilant kind of joy. It refers to the attainment of an
 ideal or goal. It is not a sanctimonious word; rather it carries the
 flavor of joy and enthusiasm. The word "blesseness" speaks of that
 joy which carries us through ~~grief~~, sorrow, loss, pain, and grief. That
 joy which shines through tears and which nothing in life or death can
 take away. Jesus said in John 16:22: "^{My} joy, no man taketh from you."

So, ~~that is your point.~~

~~Also, the word "Blessed" should be translated: "O the the bliss of.2"~~

ROE?RET?3?ROOK?2T?VERSE?4

Blessed are

This second beatitude is a startling paradox: "~~O the bliss of~~ those
 who mourn." The world says, "Enjoy." Christ says: "Grieve" - a sharp
 denial of the world's standards. Yet, I am sure that Jesus knew full
 well that grief in itself is not blessed. Its effect can be seen on any
 face of sorrow: it disfigures and slays. Certainly it is not "happy."
 Yet, the beatitude stands. Then what kind of mourning brings this
 blessedness?

The word "mourn" is a strong word in the Greek language. It is the
 word which is used for mourning for the dead, for the passionate lamenting
 for one who was loved deeply. In the Septuagint (the Greek translation
 of the Old Testament - translated around 200 B.C.) it is the word which
 is used of Jacob's grief when he believed that his son Joseph was dead
 (Genesis 37:34). It is defined as the kind of grief which takes such a
 hold on a person that it cannot be hid. It is not only the sorrow which
 brings an ache to the heart; it is the sorrow which brings the
 unrestrainable tears ^{of Love} to the eyes. This then - ^{is the person who is blessed} ~~is an amazing kind of bliss:~~

~~"O the bliss of the~~ ^{Blessed is the} man who mourns like one mourning for the dead.

Omit

Omit

Now, There are two ways in which this beatitude can be ^{applied} taken ^{concerning our} ~~concerning~~ ^{our} ~~Master~~

(1) It can be taken in the traditional sense of grief. This is ^{the} way it is used ^{most} ~~so~~ often in a memorial or funeral service. There is a proverb which says: "All sunshine makes a desert." The land on which the sun always shines will soon become an arid place in which no fruit will grow. There are certain things which only the rains will produce; and certain experiences which only sorrow can bring. Sorrow can do two things for us. ① It can show us, as nothing else can, the great kindness of our fellow-men; ② and it can show us, as nothing else can, the comfort and the compassion of God. I have been privileged to share with many people during times of death of a loved one the deep things of God. And I have experienced the joy of seeing new life come out of the ashes of despair and sorrow. Because in that sorrow people discovered God as never before, ^{and Healer}

When things go well - there is no sickness in the family - father is working - the bills are paid with a little money left over - it is very easy to live for God and praise his name. But, when things go wrong - and sorrow enters a life - then we are driven to the deep mysteries of life, ^{and death} and if God is truly in your life ^{then} - a new strength and beauty will enter your soul. ^{Why? Because} God promised a peace that will left us out of the depths of despair. And that is death

No, doubt, that this meaning is in this beatitude. But the word has a deeper meaning which is often forgotten. ^{I believe no} The main meaning of this second beatitude is: "Blessed is the man ^{who} who is desperately sorry for his own sin." The very first message of Jesus was, "Repent." And ^{no} no person can repent unless he ^{sees sin as God sees it, and it causes the great sorrow} ~~is sorry for his~~ sins. The thing which really changes people is when they suddenly come up against something which opens their eyes to what sin is and to what sin does ^{in a life}

I shall never forget the time my father trusted me with a very important responsibility. And I did not fulfill that responsibility. The look of disappointment in my fathers eyes is a look that I shall never foreget. That is what the Cross of Jesus Christ does for us. As we look at the Cross, we are bound to see our sin.

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E. Stanley Jones tells a story which illustrates the convicting power of the Cross. There was a man who had a beautiful and intelligent wife. He was faithful to her until ^{one when} he was away from her on a business trip. It was then that he began his playing around and he continued in ^{this manner of life} ~~this course~~ after he had returned home. ^{But} His wife's trust and faith in him were more than he could stand and he felt he must ^{tell} ~~say~~ her ^{what he} ~~was~~ had done. He feared her anger, and was afraid that she might leave him. But, at ^{last} ~~last~~, he confessed his sin to her.

"I can never forget," he said, "the look of anguish that came over her face as the meaning of what I had done dawned upon her. She turned pale, and clutching at the pain in her heart, she sank upon the bed. I could see my sin torturing her. Then she rose and I expected the storm to break upon me, but instead she ^{said} ~~said~~, "I love you and I will not leave you."

"Then," he said, "I saw in the anguished love of my christian wife the meaning of the cross. From her love I stepped up to the cross and God forgave and redeemed me." ^{you see} One of the great functions of the Cross is to open the eyes of men and women to the horror of sin. And when a man sees sin in all its horror he cannot do anything else but experience this intense sorrow for his sin. This is the kind of sorrow which will drive a person to his knees to seek the forgiveness and cleaning power of God.

Faith and the Christian life must begin with a sense of sin. Blessed is the person who is intensely sorry for his sin, the person who is heart-broken for what his sin has done, ~~to God and to Jesus Christ~~, the person who sees the Cross and who is then driven to his knees in search of forgiveness.

Receive the promise / and TO

It is ~~that~~ ^{that} person who ~~has~~ ^{had} that experience who will indeed be comforted; for that experience is what the Psalmist calls a broken and a contrite heart. "The sacrifice acceptable to God is a broken spirit; a broken and a contrite heart." (Psalms 51:17) The way ~~to~~ the joy of forgiveness is through the ~~sorrow~~ of a broken heart.

So, The real meaning of the second beatitude is:

Blessed is the person whose heart is broken for suffering and for his own sin, for out of ~~his~~ ^{his} sorrow ~~he~~ ^{he} will ~~find~~ ^{experience} the joy of God.

Pro-100

There is only one person who can ~~comfort~~ comfort the sorrowful heart. That person is Jesus Christ. He says: "Come unto me all who labor and are heavy laden, and I will give you rest."

The Old preacher was right when he said: "I don't know much theology, but I do know that if you go on in your sin without Christ, you will miss heaven and hit hell." There is no hell for those who have a broken and contrite heart ~~and~~ because ~~of that are trusting~~ ^{they have found joy in} Christ. ~~The subject of hell is closed forever to the believer.~~

God could have used some other means of revealing himself to the world, but he chose his only begotten Son to come and die for us. ~~ask~~ ^{to ask} ~~the~~ ^{Jesus} question: "How will you go into the world? Will you go as an angel of light and woo men away from their sins?" And ~~he~~ ^{Jesus} answers: "No, I will go in the form of a servant. I will go in the garment of human flesh. &

I will make myself one with the sinful creatures of earth; and though I am without sin, I will be obedient unto death, even the death of the cross." He comes down to the world. He lives His life. He comes to the end of His life. Now, we see him bowing his back to the smiter. We see Him endure the mockery, the blows, the crown of thorns. We see Him placed upon the cross and we hear Him cry out, "MY GOD, MY GOD, WHY HAVE YOU FORSAKEN ME?"

We know then that He is making an offering for our sin; and that He is tasting death in order that we might be forever free.

We look at those three crosses on that lonely hill. On one cross is a sinner, rejecting Christ, going down to hell. On the central cross is the Saviour, dying in our place. On the third cross is a thief crying out, "LORD, REMEMBER ME WHEN YOU COME INTO YOUR KINGDOM."

One man died in sin; one man died for sin; and one man was saved from sin. Jesus turned to that poor thief and said, "I will not only remember you, but I will remember and save all those who have a broken and a contrite heart and in sorrow call upon me in faith."

Oh, dear friends, the wondrous mercy and grace which we find there upon Calvary. WILL YOU CALL UPON JESUS? WILL YOU ACCEPT HIM AS YOUR SAVIOUR?

Ø Blessed is the person whose heart is broken because he sees his sin as separating him from God; this man will seek forgiveness and will be saved." *and I hope that person is you -*

Shall we close in prayer